

polyamorous relationships in new york city

Polyamorous Relationships in New York City: Navigating Love Beyond Monogamy

Polyamorous relationships in New York City have become an increasingly visible and vibrant part of the city's diverse social fabric. As one of the world's most dynamic and culturally rich urban centers, New York offers a unique environment where alternative relationship models, including consensual non-monogamy, can flourish. Whether you're curious about how polyamory fits into the fast-paced NYC lifestyle or seeking advice on navigating these relationships amidst the city's unique challenges, there's a lot to explore about love beyond traditional boundaries in the Big Apple.

The Rise of Polyamory in NYC's Social Scene

New York City has long been a melting pot of ideas, identities, and lifestyles. With its thriving LGBTQ+ communities and progressive attitudes, the city naturally fosters spaces where polyamory and ethical non-monogamy can thrive. Over the past decade, more people have openly embraced polyamorous relationships, shifting the cultural dialogue away from stigma and secrecy toward acceptance and understanding.

This growing visibility is supported by numerous NYC-based meetups, workshops, and social events dedicated to polyamory. These gatherings provide safe spaces for people to connect, share experiences, and learn how to manage the complexities of multiple romantic partnerships. From casual social mixers to in-depth communication workshops, New Yorkers have access to a variety of resources that help demystify polyamory.

Why New York City Is Conducive to Polyamorous Relationships

Several factors make New York City especially conducive to polyamorous lifestyles:

- **Diversity and openness:** NYC's cultural diversity encourages acceptance of alternative relationship models.
- **Community support:** Numerous support groups and events help polyamorous individuals connect and thrive.
- **Access to resources:** Therapists, coaches, and counselors experienced in

consensual non-monogamy are more available here than in many other places.

- **Privacy in a crowd:** The city's vast population allows people to explore unconventional relationships without the pressure of small-town scrutiny.

Challenges of Polyamorous Relationships in New York City

Despite its many advantages, polyamory in NYC also presents some unique challenges. Balancing multiple relationships in a city that never sleeps requires intentional communication, time management, and emotional resilience.

Time Management and Scheduling

One of the biggest hurdles polyamorous partners face is coordinating time together in a city known for its hectic pace. With demanding jobs, long commutes, and varied social activities, finding quality time to nurture multiple relationships can feel overwhelming.

To address this, many polyamorous New Yorkers rely on digital tools like shared calendars and communication apps to keep everyone informed and connected. Prioritizing regular "check-ins" ensures that partners feel heard and valued despite busy schedules.

Housing and Living Arrangements

New York's notoriously high rent and limited living spaces can complicate cohabitation for polyamorous groups. Unlike traditional couples who might share a single apartment, polyamorous households often have to get creative with how they live together.

Some opt for communal living arrangements, renting larger apartments or townhouses in neighborhoods like Brooklyn or Queens. Others maintain separate residences but schedule frequent visits. The rise of intentional communities and poly-friendly housing initiatives in the city provides additional options for those seeking non-traditional domestic setups.

Community and Support Networks

Connecting with others who understand the nuances of polyamory is essential in any environment, but it's especially vital in a sprawling metropolis like New York City.

Meetups and Social Groups

Various organizations and informal groups host meetups where polyamorous individuals can socialize in a judgment-free environment. These events often take place in community centers, cafes, or private venues and range from casual hangouts to themed discussions.

Examples include PolyNYC, a popular social group offering monthly meetups and workshops, and The NYC Polyamory Network, which provides resources and support for newcomers and long-time polyamorists alike.

Workshops and Education

Education plays a key role in helping people manage the emotional complexities of polyamory. Workshops in NYC often focus on communication strategies, jealousy management, consent, and boundary-setting. These sessions are invaluable for both those new to polyamory and experienced partners looking to deepen their skills.

Licensed therapists specializing in consensual non-monogamy provide counseling tailored to the unique needs of polyamorous individuals and families. Their expertise helps clients address issues such as relationship anxiety, societal judgment, and co-parenting in multi-partner setups.

Legal Considerations and Relationship Recognition

While New York City is progressive in many respects, the legal system has yet to fully catch up with the realities of polyamorous relationships. Unlike marriage between two people, there is no legal framework to recognize or protect polyamorous partnerships explicitly.

This lack of recognition can affect everything from housing leases to healthcare decisions and parental rights. Polyamorous New Yorkers often take proactive steps to protect their relationships, such as drafting cohabitation agreements, power of attorney documents, and parenting plans.

Advocacy and Future Prospects

Advocacy groups within New York City work toward greater legal recognition and social acceptance of polyamory. As awareness grows, there is hope that future legislation will better accommodate diverse family structures, giving polyamorous people the same protections and benefits as monogamous couples.

Tips for Thriving in Polyamorous Relationships in New York City

Navigating polyamory in a bustling city like NYC demands intentionality and self-awareness. Here are some insights to help polyamorous individuals and their partners thrive:

1. **Prioritize open communication:** Honest and ongoing dialogue is key to managing multiple relationships.
2. **Set clear boundaries:** Defining what each partner is comfortable with reduces misunderstandings.
3. **Leverage community resources:** Attend workshops, join support groups, and seek therapy when needed.
4. **Be flexible with logistics:** Embrace creative living and scheduling solutions to accommodate everyone's needs.
5. **Practice self-care:** Balancing multiple emotional connections requires regular attention to your own mental and physical health.

Exploring polyamorous relationships in New York City is a journey that blends the excitement of urban life with the complexities of multiple loving connections. The city's openness, diversity, and resources create a fertile ground for those who choose to define love on their own terms, crafting relationships that are as unique and vibrant as the city itself.

Frequently Asked Questions

What is the legal status of polyamorous relationships in New York City?

Polyamorous relationships are not legally recognized in New York City. While individuals can engage in consensual non-monogamous relationships, the law

does not provide specific protections or recognition for multiple-partner unions such as marriage or parental rights beyond traditional monogamous relationships.

Are there polyamorous communities or groups in New York City?

Yes, New York City has an active polyamorous community with various social groups, meetups, and events where people can connect, share experiences, and find support. Organizations like NYC Poly and Meetup.com host regular gatherings and discussions focused on polyamory.

How do polyamorous families navigate social acceptance in New York City?

Polyamorous families in NYC often face mixed reactions, ranging from acceptance to misunderstanding. However, the city's diverse and progressive culture generally fosters a more open environment for alternative relationship structures. Many poly families build supportive networks and advocate for greater awareness and acceptance.

What resources are available for people interested in polyamory in NYC?

There are numerous resources including counseling services specializing in non-monogamous relationships, workshops, support groups, and literature available in NYC. Online platforms and local organizations provide educational materials and community support to help individuals navigate polyamory.

How does dating work for polyamorous individuals in New York City?

Dating for polyamorous individuals in NYC often involves clear communication about relationship boundaries and expectations. Many use dating apps that cater to non-monogamous people, such as OkCupid and Feeld, and participate in social events designed for polyamorous dating and networking.

Are there any challenges unique to polyamorous relationships in NYC?

Challenges can include legal limitations, social stigma, and navigating complex interpersonal dynamics in a fast-paced urban environment. Additionally, housing and healthcare systems may not always accommodate multi-partner families, requiring polyamorous individuals to advocate for their needs.

Additional Resources

Polyamorous Relationships in New York City: Navigating Love Beyond Monogamy

Polyamorous relationships in New York City have been steadily gaining visibility and complexity within the urban social landscape. As one of the most culturally diverse and progressive metropolitan areas in the United States, New York City serves as a compelling backdrop for exploring non-traditional relationship structures. This article delves into the dynamics, challenges, and social implications of polyamory in NYC, offering an analytical perspective on how this relationship model is reshaping notions of intimacy and commitment in a fast-paced urban environment.

Understanding Polyamory in the Urban Context

Polyamory, defined as the practice of engaging in multiple consensual romantic relationships simultaneously, challenges the conventional monogamous paradigm that predominates American society. In a city as expansive and varied as New York, polyamorous relationships intersect with numerous cultural, social, and legal factors that influence how individuals form and maintain these connections.

The density and diversity of NYC provide fertile ground for polyamorous communities to flourish. From Brooklyn's artsy enclaves to Manhattan's professional hubs, individuals exploring polyamory find a range of social networks and resources tailored to their lifestyles. The city's openness to alternative lifestyles often translates into more accepting environments, whether in social circles, workplaces, or public discourse.

Prevalence and Demographics

While exact data on polyamorous relationships in New York City remains limited due to underreporting and social stigma, surveys and anecdotal evidence suggest a growing interest among millennials and Generation Z adults. A 2020 survey by the Kinsey Institute estimated that approximately 4-5% of the U.S. population engages in consensual non-monogamy, with urban centers like NYC representing a disproportionate share of this demographic.

New York's polyamorous individuals often span a wide range of ages, ethnicities, and socioeconomic backgrounds, reflecting the city's broader diversity. However, younger adults—particularly those involved in progressive communities or alternative lifestyle groups—tend to be more visible and vocal about their polyamorous identities.

Cultural and Social Dimensions

The cultural milieu of New York City plays a pivotal role in shaping attitudes toward polyamory. NYC's reputation as a progressive hub encourages dialogues around relationship diversity, gender fluidity, and personal autonomy. This environment allows for polyamory to be discussed more openly compared to more conservative regions.

Community and Support Networks

Several organizations and meet-up groups cater specifically to polyamorous individuals and their allies. These groups often host workshops, social events, and educational seminars that provide both emotional support and practical advice on navigating the complexities of multi-partner relationships.

Social media platforms and dating apps in NYC also increasingly accommodate polyamorous preferences. Apps like Feeld and OkCupid have incorporated features that allow users to indicate interest in non-monogamous relationships, thereby expanding the dating pool and normalizing alternative relationship structures.

Challenges Unique to NYC

Despite the city's relative openness, polyamorous individuals in New York face unique challenges:

- **Housing Constraints:** High rent prices and limited living spaces often make cohabitation with multiple partners logistically and financially complex.
- **Legal Ambiguities:** New York law does not recognize polyamorous unions, complicating issues related to healthcare decision-making, parental rights, and inheritance.
- **Social Stigma:** While more accepted than in many areas, polyamory can still provoke misunderstanding and bias, particularly in professional or family settings.

Comparative Perspectives: Polyamory vs.

Traditional Relationships in NYC

Analyzing polyamorous relationships alongside traditional monogamous ones reveals nuances specific to New York life. Polyamory requires heightened communication, boundary-setting, and time management—skills that are both challenged and honed by the city's demanding pace.

In contrast, monogamous relationships often benefit from clearer societal frameworks and legal protections. However, polyamory's emphasis on transparency and negotiated consent presents a model that some argue is more aligned with contemporary values of individual freedom and emotional honesty.

Pros and Cons in the NYC Setting

- **Pros:**

- Access to diverse communities and events promoting non-traditional relationships.
- Greater opportunities for personal growth through multiple intimate connections.
- Potential for broader support networks in a city known for its inclusivity.

- **Cons:**

- Housing and financial pressures complicate living arrangements.
- Legal systems remain inadequate for protecting polyamorous rights.
- Social misunderstandings can lead to professional or familial tensions.

Legal and Institutional Landscape

New York City's legal framework currently does not provide formal recognition for polyamorous relationships. Unlike marriage or civil unions, there is no legal mechanism for multiple partners to secure mutual rights and

protections. This gap has tangible consequences, including the inability to jointly adopt children, limited access to partner healthcare benefits, and challenges in estate planning.

Nevertheless, some polyamorous New Yorkers employ creative legal strategies, such as drafting cohabitation agreements, powers of attorney, and custody arrangements, to safeguard their relationships. Advocates continue to push for reforms that acknowledge the diversity of family structures emerging in urban centers.

The Role of Mental Health and Counseling Services

As polyamory grows in visibility, mental health professionals in NYC are increasingly called upon to provide specialized support. Therapists with expertise in ethical non-monogamy help clients navigate jealousy, communication hurdles, and societal pressures.

Several counseling centers in the city have begun offering workshops and individual therapy tailored to polyamorous clients, reflecting a shift toward more inclusive mental health care.

Looking Ahead: The Future of Polyamory in New York City

The trajectory of polyamorous relationships in New York City suggests a continuing evolution toward greater acceptance and institutional support. As younger generations prioritize authenticity and diverse expressions of love, the demand for social, legal, and professional frameworks to accommodate polyamory is likely to increase.

Moreover, ongoing research and public discourse contribute to destigmatizing polyamory, fostering environments where individuals can pursue multiple loving relationships without fear of marginalization. New York City's unique blend of cultural openness and legal challenges provides a microcosm for understanding the complexities of polyamory in contemporary society.

[Polyamorous Relationships In New York City](#)

polyamorous relationships in new york city: Polyamorous Jenny Yuen, 2018-11-17 A look at how people are giving themselves a choice to love another way. More people than ever are exploring the possibility of opening up their relationships — and not only that, they are fighting for their legal rights to love however and whomever they choose. In Polyamorous, reporter Jenny Yuen digs into how polyamory affects underrepresented communities, why these unions are becoming more

normalized, and how relationships with multiple partners can be a practical alternative to monogamy and an intriguing expedition through uncharted emotional territory. Pairing off is no longer the default option for many. For some, polyamory is just a part of who they are.

polyamorous relationships in new york city: *Polyamory Dating Guide* Dan and Dawn Williams, 2020-12-03 Realizing that you are polyamorous can be a wonderful insight. It may feel like a solution to a long term feeling that you never fit in with monogamous models. Or it could have been a 'team decision' that you have more than enough love to include others. Or perhaps it is something you've known from the moment you started to be interested in romance. This book is about finding other people who share your view of polyamory is and want to share it with you. After all, just because you identify as polyamorous doesn't mean the poly world suddenly opens up and people are climbing over themselves saying "Me too, let's be some combination of multiple loving humans together!". Instead, the challenge of finding like minded people, connecting with people, communicating your interest and desires, and simply beginning dating are not only still present for polyamorous people, but for some of us, even more challenging than a monogamous path.

polyamorous relationships in new york city: *Polyamory, Monogamy, and American Dreams* Mimi Schippers, 2019-10-28 This book introduces the poly gaze as a cultural tool to examine how representations of polyamory and poly lives reflect or challenge cultural hegemonies of race, class, gender, and nation. What role does monogamy play in American Identity, the American dream, and U.S. exceptionalism? How do the stories we tell about intimate relationships do cultural and ideological work to maintain and legitimize social inequalities along the lines of race, ethnicity, nation, religion, class, gender and sexuality? How might the introduction of polyamory or consensually non-monogamous relationships in the stories we tell about intimacy confound, disrupt or shift the meaning of what constitutes a good, American life? These are the questions that Mimi Schippers focuses on in this original and engaging study. As she develops the poly gaze, Schippers argues for a sociologically informed and cultivated lens with which anyone, regardless of their experiences with polyamory or consensual non-monogamy, can read culture, media images, and texts against hegemony. This will be a key text for researchers and students in Gender Studies, Queer Studies, Cultural Studies, Critical Race Studies, Media Studies, American Studies and Sociology. This book is accessible and indispensable reading for undergraduate student and postgraduates wanting to gain greater understanding of debates around the key concept of heteronormativity.

polyamorous relationships in new york city: *Fifty Years of Polyamory in America* Glen W. Olson, Terry Lee Brussel-Rogers, 2022-11-11 A tour of polyamory in America over the last 50 years. *Fifty Years of Polyamory in America: A Guided Tour to a Growing Movement* is unique among the many books about polyamory because the scope of this book is the entire history of the polyamory movement. Instead of concentrating on the experiences of a few people exploring alternate lifestyles, it is an exploration of two generations of Americans, the people and the organizations they founded, what they have chosen to do, and how it has changed their lives and affected the culture as a whole. Written in an entertaining and easily accessible style, the authors cover the history of alternative sexual relationship styles starting with a quick peek at colonial times, the Mormon and Oneida movements of the 1840s-70s, and modern day influences starting in the 1950s. Polyamory, literally "many loves," challenges the relationship norm: monogamy. As its name suggests, polyamory typically refers to emotional/sexual relationships that include multiple partners. Common applications of polyamory include open marriages, triad (three people), two-couple (four people) "marriages," and larger groups like intimate networks. Swingers are a subset of non-monogamy who often identify as poly. Throughout the course of *Fifty Years of Polyamory in America*, we explore the history of the polyamory movement: from clinical definitions and attempts at psychiatric treatment, to the advent of advocacy groups in the 1960s and '70s, to contemporary practitioners and the future of the movement. A wide range of personal stories from advocates and practitioners guides the narrative to the modern day, highlighting the struggles and successes of the movement throughout the years.

polyamorous relationships in new york city: *The Polyamorists Next Door* Elisabeth Sheff, 2013-11-26 Marriage and monogamy are not what they used to be, and today many couples are opting to start families before getting married, or deciding not to get married at all. At the same time, gay couples in states that recognize same-sex marriage are getting married in droves. Some people prefer non-monogamy and have relationships that include swinging and polyamory. The landscape of American marriage and relationships is changing, and a variety of family systems are developing and becoming more common. The Polyamorists Next Door introduces polyamorous families, in which people are free to pursue emotional, romantic, and sexual relationships with multiple people at the same time, openly and with support from their partners, sometimes forming multi-partner relationships, or other arrangements that allow for emotional and sexual freedom within the family system. In colorful and moving details, this book explores how polyamorous relationships come to be, grow and change, manage the ins and outs of daily family life, and cope with the challenges they face both within their families and from society at large. Using polyamorists' own words, Dr. Elisabeth Sheff examines polyamorous households and reveals their advantages, disadvantages, and the daily lives of those living in them. While polyamorous families are increasingly common, fairly little is known about them outside of their own social circles or of the occasional media sensationalism. This book provides information that will be useful for professionals with polyamorous clients, educators who wish to understand or teach about polyamory, and especially people who wish to better understand polyamory themselves or explain it to their potential partners, adult children, or in-laws.

polyamorous relationships in new york city: Queer Families and Relationships After Marriage Equality Michael Yarbrough, Angela Jones, Joseph DeFilippis, 2018-07-04 After years of intense debate, same-sex marriage has become a legal reality in many countries around the globe. As same-sex marriage laws spread, Queer Families and Relationships After Marriage Equality asks: What will queer families and relationships look like on the ground? Building on a major conference held in 2016 entitled After Marriage: The Future of LGBTQ Politics and Scholarship, this collection draws from critical and intersectional perspectives to explore this question. Comprising academic papers, edited transcripts of conference panels, and interviews with activists working on the ground, this collection presents some of the first works of empirical scholarship and first-hand observation to assess the realities of queer families and relationships after same-sex marriage. Including a number of chapters focused on married same-sex couples as well as several on other queer family types, the volume considers the following key questions: What are the material impacts of marriage for same-sex couples? Is the spread of same-sex marriage pushing LGBTQ people toward more normalized types of relationships that resemble heterosexual marriage? And finally, how is the spread of same-sex marriage shaping other queer relationships that do not fit the marriage model? By presenting scholarly research and activist observations on these questions, this volume helps translate queer critiques advanced during the marriage debates into a framework for ongoing critical research in the after-marriage period.

polyamorous relationships in new york city: Polyamorous Elders Kathy Labriola, 2022-11-08 This book explores the unique group of elders, ages fifty-five and older, who practice some form of consensual nonmonogamy. It covers both the joys and challenges of multiple relationships for elders and explores how their relationships develop and evolve. Polyamorous elders have the complexities of juggling multiple relationships, as well as navigating all the issues of aging: managing medical conditions and disabilities (their own and/or their partners'); assuming caregiving responsibilities for aging relatives; grieving the deaths of parents, siblings, and partners; retiring from careers and starting new lives; and potentially moving into some form of senior living. Drawing from her extensive clinical and personal experience working with this population, Kathy Labriola provides anecdotes from polyamorous elders' lives, including the constellation of relationships surrounding each individual, couple, or triad. This guide will help health care and mental health clinicians, researchers, and professionals, as well as polyamorous elders and their loved ones, better understand the concerns and diverse lifestyles of this population to better represent and support

them.

polyamorous relationships in new york city: What Does Polyamory Look Like? Mim Chapman PhD, 2010-08-10 Finally, a book that explores what it truly means to be polyamorous by exploring the wonderful variety of poly relationships. Only through understanding polys innate diversity can one grasp what open relationships can offer. Thank you, Mim, for a book that is relevant and useful, as polyamory moves out of the shadows and into the mainstream of society. It is an important resource for anyone who wishes to understand the growing poly movement as it changes our society and challenges our presumptions about relationships. Bravo! Robyn Trask, Executive Director of Loving More Non-Profit and Magazine What is your relationship dream, and what options are out there to choose from? Were familiar with monogamy, but what additional models of loving and living are offered by polyamory, and what do they look like in action? How is polyamory different from polygamy, swinging, or cheating? What new forms of etiquette are needed in order to nurture polys varied forms of family? Is it really possible to have a relationship in which love does not equal possessiveness? Any relationship, from monogamous marriage to business enterprise to polyamorous family, will benefit from the practical relationship advice found within the covers of this well-written little book. Matthew C. Cox, Life Coach and Author of *Living the Southwest Lifestyle* Just the right balance between information, candor, and lightheartedness. Dr. Fred Hillman, GLBT activist and retired Family Therapist Don't let the size of this little book fool you. *What Does Polyamory Look Like?* is chock full of information about how to build honest, loving, and lasting relationships. Therapists and educators, take note! Dr. Chapman dispels the myths of polyamory and teaches us all about how to create and sustain the relationships of which we've dreamed. Sera Miles, Director of New Mexico FetLifers

polyamorous relationships in new york city: Bisexuality and Same-Sex Marriage M. Paz Galupo, 2014-06-03 In our society, the argument for or against same-sex marriage becomes even more heated when the debate turns to bisexual women and men. *Bisexuality and Same-Sex Marriage* thoughtfully explores this debate from a wide range of interdisciplinary perspectives, presenting respected scholars from fields as diverse as American Studies, Communication, Criminology, Human and Organizational Systems, Law and Social Policy, LGBT Studies, Organizational Behavior, Psychology, Sociology, Women's Studies, and Queer Studies. This clear-viewed volume is organized into three perspectives—theoretical, research, and personal—that frame the debate from a macro to micro level of analysis. This book goes beyond the intense acrimony and divisiveness to rationally examine the issue from various viewpoints and through the latest research. This informative text presents and analyzes in depth the current findings and the diverse LGBT and straight perspectives on the issue. This insightful resource discusses in detail personal views, the latest theories, and is extensively referenced. *Bisexuality and Same-Sex Marriage* is an essential volume for LGBT studies professionals, psychologists, counselors, educators, students, and interested general public. This book was published as a special issue of the *Journal of Bisexuality*.

polyamorous relationships in new york city: *New Religions and the Mediation of Non-Monogamy* Michelle Mueller, 2021-08-19 *New Religions and the Mediation of Non-Monogamy* examines the relationship between alternative American religions and the media representation of non-monogamies on reality-TV shows like *Sister Wives*, *Seeking Sister Wife*, and *Polyamory: Married & Dating*. The book is the first full-length study informed by fieldwork with Mormon polygamists and fieldwork with LGBTQ Neo-Pagan/Neo-Tantric polyamorists. The book tracks community members' responses to the new media about them, their engagement with television and other media, and the likeness of representations to actual populations through fieldwork and interviews. The book highlights differences in socioeconomic privileges that shape Mormon polygamists' lives and LGBTQ polyamorists' lives, respectively. The polyamory movement receives support from liberal media. As reality TV has shifted the image of Mormon polygamy to one of liberal American middle-class culture, Mormon polygamists have gained in public favor. The media landscape of non-monogamy is mediated by, in addition to these alternative religious populations, the norms and practices of the reality-TV industry and by sociocultural and economic realities, including race and class. This book

adds to the fields of media studies, critical race and gender studies, new religious movements, and queer studies.

polyamorous relationships in new york city: Love's Refraction Jillian Deri, 2015-01-01 In *Love's Refraction*, Jillian Deri explores the distinctive question of how and why polyamorists – people who practice consensual non-monogamy – manage jealousy. Her focus is on the polyamorist concept of “compersion” – taking pleasure in a lover's other romantic and sexual encounters.

polyamorous relationships in new york city: Polyamory in the 21st Century Deborah Anapol, 2010-08-16 Unlike other books on this topic, *Polyamory in the 21st Century* weaves together research and facts to provide an informed and impartial analysis of polyamory as a lifestyle and as a movement, and to place it in a psychosocial as well as an historical context. Anecdotes and personal experiences allow the reader to develop a better understanding of polyamory and the people who practice and enjoy it. Anapol addresses the practical, the utopian, and the shadow sides of this intriguing, mysterious, yet often threatening lifestyle. It honestly addresses difficult issues such as the nature of commitment without exclusivity, balancing personal needs with loyalty to a partner, evaluating beliefs about love and relationship, the impact of polyamory on children, and the challenges that arise when one partner wants monogamy and another prefers polyamory. Without judgement, she explores this increasingly common practice, and reveals the true nature of a lifestyle that many do not understand.

polyamorous relationships in new york city: Beyond Same-Sex Marriage Ronald C. Den Otter, 2016-09-06 Although the debate over same-sex marriage in the United States has ended, no one seems to know what lies on the horizon. The conversation about what marriage could be like in the future is no longer confined to academics. In his dissent in *Obergefell*, Chief Justice Roberts linked the constitutionally-mandated legal recognition of same-sex marriage to the possibility that states may also have to recognize multi-person intimate relationships as well to avoid discriminating against plural marriage enthusiasts. The popularity of television shows like TLC's *Sister Wives* and HBO's *Big Love* suggests that Americans no longer can be dismissive of the possibility that in the foreseeable future, marriage could, and perhaps should, look very different than it does today. Rather than settling the question of whether states ought to abolish marriage, make it more inclusive, contractual, or call it something else, this book exposes readers to some of the normative, legal, and empirical questions that Americans must address before they can deliberate thoughtfully about whether to keep the marital status quo where monogamy remains privileged. Unlike much of the debate over same-sex marriage, they exchange reasons with one another as they discuss marital reform. This book is for ordinary Americans, their elected representatives, and judges, to help them ultimately decide whether they want to continue to define marriage so narrowly, make it more inclusive to avoid discrimination, or have the state leave the marriage business. This edited, interdisciplinary volume contains eight original contributions, all of which illuminate important but often neglected areas of the topic.

polyamorous relationships in new york city: Handbook of the Sociology of Sexualities John DeLamater, Rebecca F. Plante, 2015-06-19 This volume provides researchers and scholars with a broad overview of the contributions of social psychologists and sociologists to the study of sexual relationships and sexual expression across the life course. These contributions include analyses of the dynamics of several types of contemporary sexual relationships – e.g., short-term, long-term non-exclusive, and committed. Chapters analyze the influence of major social institutions – e.g., religion, family and economy – on them. The content and scope of this volume have been carefully chosen to balance coverage of traditional emphases – dating, marriage, commercial sex work, sex education – with new and cutting edge materials – embodiment, Trans*, asexualities. Sections review major theoretical perspectives and the principal research methods. Coverage of sexual orientation is integrated throughout. This volume provides excellent resources for anyone interested in research on sexualities.

polyamorous relationships in new york city: Gaia and the New Politics of Love Serena Anderlini-D'Onofrio, 2010-08-31 ***WINNER, 2010 Nautilus Silver Book Award – *Cosmology/New*

Science Gaia theory argues that the flora and fauna of the planet operate in a self-regulating web that keeps the world livable. According to the theory, humankind is the most powerful species in this web and also its biggest threat. This provocative book explores ways to minimize and ultimately eliminate this threat with love and intimacy. Controversial Italian author Serena Anderlini-D'Onofrio has authored the first global ecology study based on an analysis of human health.

Anderlini-D'Onofrio identifies her remedy within the context of Gaia theory, re-envisioning it as a more inclusive philosophy that positively impacts not only relationships, but world ecology under duress. The author links human sexuality to the global ecosystem, claiming that freedom from fear will stimulate a holistic health movement powerful enough to heal relationships and restore planetary balance. *Gaia and the New Politics of Love* is bracing in its range, weaving together issues of human and global health; the relationship of politics, sexuality, and ecology; practices and styles of love; the changing roles of eroticism and gender in our lives; and polyamory, bisexuality, and the AIDS reappraisal movement. Clarification Statement from the Author The argument of this book emphasizes the arts of loving as a way to help humanity make peace with our hostess Gaia, the third planet. Some of these arts involve sharing emotional resources and amorous partners. Often, the arts of loving require the use of barriers: mechanical protections such as condoms. At times they do not because only tantric energies are exchanged. The author of this book is persuaded that barriers are recommendable when sexual practices result in the exchange of deep body fluids, unless previous fluid-bonding arrangements have been made. The author is also persuaded that good practices of holistic health contribute to strengthening the immune systems of those who engage in the arts of loving. Safety practices are important in making the arts of loving healthy regardless of what factors are involved in the syndromes most prevalent today, including AIDS and other conditions in the STD spectrum. Historically, disagreement has moved knowledge forward: Today's science is the result of yesterday's disagreements and controversies. The author believes in critical thinking and she respects dissidence in science today, including Gaia science, reappraisals of AIDS, and holistic medicine. She hopes her readers will be open to hearing more than one side of a story. This statement and the contents of this book do not constitute medical advice in any way. Readers are invited to consult their own healers and health care providers. Serena Anderlini-D'Onofrio, PhD Author of *Gaia and the New Politics of Love* Cabo Rojo, Puerto Rico, March 2010 Blog: <http://polyplanet.blogspot.com/> From the Trade Paperback edition.

polyamorous relationships in new york city: LGBT-Parent Families Abbie E. Goldberg, Katherine R. Allen, 2012-10-12 *LGBT-Parent Families* is the first handbook to provide a comprehensive examination of this underserved area. Reflecting the nature of this issue, the volume is notably interdisciplinary, with contributions from scholars in psychology, sociology, human development, family studies, gender studies, sexuality studies, legal studies, social work, and anthropology. Additionally, scholarship from regions beyond the U.S. including England, Australia, Canada, and South Africa is presented. In addition to gender and sexuality, all contributors address issues of social class, race, and ethnicity in their chapters.

polyamorous relationships in new york city: American Poly Christopher M. Gleason, 2024 Drawing on personal journals and letters, underground newsletters, and alternative publications, this first history of polyamory reconstructs its intellectual foundations over a century and demonstrates its unique blend of conservative political thought and countercultural spiritualism.

polyamorous relationships in new york city: Beyond Monogamy Mimi Schippers, 2016-08-16 Through an investigation of sexual interactions and relationship forms that include more than two people, from polyamory, to threesomes, to the complexity of the down-low Schippers explores the queer, feminist, and anti-racist potential of multipartnered sex and relationships

polyamorous relationships in new york city: Relationally Queer Silva Neves, Dominic Davies, 2023-04-10 *Relationally Queer* explores diverse intimate relationship styles and the connections with self for clinicians interested in gender, sex and relationship diversity. Offering readers a more inclusive and queer-friendly way of thinking about relationships, the book covers a range of topics that include intersectionality, consensual non-monogamy, working with shame, intimate partner

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