

life and teaching of the masters of the far east

****Life and Teaching of the Masters of the Far East****

Life and teaching of the masters of the far east have fascinated spiritual seekers, historians, and philosophers worldwide for centuries. These masters, often revered as sages, monks, and enlightened beings, have shaped the cultural, religious, and philosophical landscapes of countries like China, Japan, Korea, and India. Their wisdom, passed down through generations, continues to influence contemporary practices in meditation, martial arts, holistic healing, and ethical living. Exploring their lives and teachings offers valuable insights into the harmonious balance between mind, body, and spirit, which remains relevant in today's fast-paced world.

The Historical Context of the Masters of the Far East

Understanding the life and teaching of the masters of the Far East requires a glimpse into the historical and cultural backdrop that nurtured their philosophies. The Far East, a term broadly referring to East Asia, has been a cradle of spiritual traditions like Buddhism, Taoism, Confucianism, and Shintoism. Each of these philosophies contributed uniquely to the development of master teachings, emphasizing different aspects of human existence and cosmic order.

The Role of Buddhism and Taoism

Buddhism, introduced to China from India around the 1st century CE, brought with it profound contemplative practices and ideas about suffering, enlightenment, and compassion. Masters like Bodhidharma and later Zen patriarchs exemplified the integration of meditation with daily life, emphasizing direct experience over theoretical knowledge.

Taoism, on the other hand, rooted deeply in Chinese culture, focused on harmony with the Tao—the natural way or flow of the universe. Masters such as Laozi and Zhuangzi taught the importance of wu wei (non-action or effortless action), simplicity, and living in tune with nature's rhythms. Their teachings highlight a path to self-mastery through alignment with the cosmos rather than resistance.

Life of the Masters: Simplicity, Discipline, and Spiritual Pursuit

The life stories of many Far Eastern masters reveal a pattern of renunciation, rigorous discipline, and deep introspection. These individuals often withdrew from worldly affairs to seek solitude in mountains, temples, or monasteries. This physical retreat mirrored an inner journey toward understanding the nature of existence and transcending ego-driven desires.

Daily Practices and Meditation

Meditation sits at the heart of the life and teaching of the masters of the Far East. Whether it's Zen sitting (zazen), Taoist breath awareness, or mindfulness practices inspired by Buddhist Vipassana, meditation serves as a tool for cultivating presence and insight.

Daily routines were typically structured around periods of silent meditation, study of sacred texts, and manual labor—each activity considered a form of mindfulness and spiritual practice. This blend of contemplative and active life underlines the holistic approach these masters took, viewing every moment as an opportunity for awakening.

Martial Arts as a Path to Enlightenment

In many Far Eastern traditions, martial arts transcended physical combat and became a method for spiritual cultivation. Masters like the Shaolin monks demonstrated how disciplines such as kung fu or tai chi were not just about self-defense but about harmonizing energy (qi), strengthening the mind, and embodying ethical principles.

The life and teaching of the masters of the Far East often stress that true mastery arises from balance—between strength and softness, action and stillness, discipline and compassion.

Core Teachings: Wisdom Passed Through Generations

What makes the life and teaching of the masters of the Far East so enduring is their practical wisdom that applies to everyday living as much as to spiritual enlightenment. Let's explore some of the core principles that have been emphasized across different traditions.

Impermanence and Acceptance

A recurring theme in the teachings is the impermanent nature of all things. Far Eastern masters encourage embracing change instead of resisting it, highlighting that suffering often arises from clinging to what is transient. This understanding fosters resilience, equanimity, and a deeper appreciation of the present moment.

Compassion and Ethical Conduct

Ethics play a vital role in the teachings, with compassion being a central virtue. Whether in Confucian ideals of filial piety and social harmony or Buddhist precepts against harm, the life and teaching of the masters of the Far East stress living in a way that benefits others and nurtures community.

Non-Duality and Oneness

Many teachings point toward transcending dualistic thinking—good vs. evil, self vs. other—to recognize the interconnectedness of all life. This non-dual perspective encourages humility and dissolves barriers that separate individuals from the world around them.

Applying Ancient Wisdom in the Modern World

The life and teaching of the masters of the Far East may originate from ancient times, but their relevance today is profound. Modern practitioners find that these teachings offer practical tools to cope with stress, cultivate mindfulness, and foster a deeper connection to life.

Mindfulness and Mental Health

Mindfulness meditation, derived from Buddhist practices, has become a cornerstone in psychological therapies worldwide. It helps individuals develop awareness and reduce anxiety, illustrating how ancient teachings can enhance modern mental well-being.

Holistic Health and Energy Practices

Traditional Chinese medicine, acupuncture, and energy cultivation practices like qigong trace back to the insights of Far Eastern masters about the body's energetic systems. These approaches complement Western medicine by promoting balance and preventing illness.

Ethical Leadership and Community Building

In an era that often prioritizes individual success, the communal and ethical focus of Far Eastern teachings reminds us of the importance of empathy, cooperation, and responsible leadership. Confucian values, for example, continue to inspire approaches to governance and education.

Lessons from the Masters: Embracing a Balanced Life

Studying the life and teaching of the masters of the Far East invites us to reconsider our relationship with time, nature, and ourselves. Their example encourages a shift from relentless striving to mindful presence; from fragmentation toward integration; from superficial knowledge to deep wisdom.

Whether through meditation, ethical living, or physical practice, the essence lies in cultivating harmony—within and without. This timeless message resonates across cultures and epochs, reminding us that the journey toward mastery is as much about the heart as it is about the mind.

Exploring these teachings can be a transformative experience, equipping anyone with tools to navigate life's challenges with grace and insight. Ultimately, the masters of the Far East offer a path not just to knowledge, but to awakening—a journey well worth undertaking.

Frequently Asked Questions

Who are considered the Masters of the Far East in the context of spiritual teachings?

Masters of the Far East typically refer to enlightened spiritual teachers and sages from regions like India, China, Japan, and Tibet, known for their profound wisdom and teachings on meditation, enlightenment, and the nature of life.

What is the central philosophy taught by the Masters of the Far East?

The central philosophy often revolves around self-realization, inner peace, mindfulness, compassion, and the understanding of the interconnectedness of all life.

How did the Masters of the Far East influence modern spiritual practices?

Their teachings have influenced practices such as Zen Buddhism, Taoism, meditation techniques, yoga, and mindfulness, which are widely adopted globally for mental and spiritual well-being.

What role does meditation play in the teachings of the Masters of the Far East?

Meditation is a fundamental practice encouraged by these masters to cultivate awareness, transcend ego, achieve mental clarity, and experience spiritual awakening.

Can you name some famous Masters of the Far East and their contributions?

Famous masters include Buddha (founder of Buddhism), Lao Tzu (author of Tao Te Ching), Confucius (philosopher and teacher), and Bodhidharma (founder of Zen Buddhism), each contributing unique insights into life, ethics, and spirituality.

What is the teaching of 'non-attachment' in the context of the Masters of the Far East?

Non-attachment refers to the practice of letting go of desires and material possessions to attain freedom from suffering and to live in harmony with the flow of life.

How do the teachings of the Masters of the Far East view the concept of life and death?

They often see life and death as part of a continuous cycle of existence (rebirth or transformation), emphasizing the impermanence of the physical form and the immortality of the soul or consciousness.

What is the significance of compassion in the teachings of the Masters of the Far East?

Compassion is considered essential for spiritual growth and enlightenment, encouraging kindness, empathy, and the alleviation of suffering for all beings.

How do the Masters of the Far East approach the idea of self-discipline and ethical living?

They advocate for self-discipline through moral precepts, meditation, and mindful living to purify the mind, cultivate virtue, and progress on the spiritual path.

Are the teachings of the Masters of the Far East relevant in today's fast-paced world?

Yes, their teachings on mindfulness, inner peace, and compassion provide valuable tools for managing stress, fostering well-being, and promoting harmonious relationships in modern life.

Additional Resources

Life and Teaching of the Masters of the Far East

life and teaching of the masters of the far east have long fascinated scholars, spiritual seekers, and practitioners of various disciplines worldwide. These masters, often revered as sages, monks, or enlightened teachers, have shaped the philosophical, spiritual, and cultural landscapes of Asia and beyond. Their teachings, deeply rooted in traditions such as Buddhism, Taoism, Confucianism, and martial arts, continue to influence contemporary thought and practice. This article delves into the nuanced life experiences and profound teachings of these Far Eastern masters, exploring their historical contexts, philosophical contributions, and lasting impact.

Historical Context of the Masters of the Far East

The lives of the masters from the Far East span millennia, encompassing a diverse range of cultures and traditions. From the ancient sages of China and India to the Zen monks of Japan, these figures lived in times marked by social upheaval, philosophical exploration, and spiritual awakening. Understanding their historical background is crucial to grasping the essence of their teachings.

In ancient China, for example, Confucius (551–479 BCE) lived during a period of political instability

known as the Spring and Autumn period. His teachings on ethics, social harmony, and governance became foundational to Chinese civilization. Similarly, Laozi, traditionally credited with authoring the Tao Te Ching, emerged around the same era, advocating for a life in harmony with the Tao—the fundamental principle underlying the universe.

In India, the life and teaching of Siddhartha Gautama, the Buddha (circa 5th to 4th century BCE), represent a cornerstone of Eastern spirituality. His enlightenment and subsequent teachings laid the groundwork for Buddhism, emphasizing the path to liberation from suffering through mindfulness, ethical living, and meditation.

Philosophical and Spiritual Teachings

The core philosophies of the Far Eastern masters often converge on themes of harmony, balance, self-cultivation, and transcendence of ego. However, distinct traditions emphasize different paths and methodologies.

- **Buddhism:** The Buddha's teachings focus on the Four Noble Truths and the Eightfold Path, guiding individuals toward enlightenment by understanding the nature of suffering and cultivating wisdom, ethical conduct, and mental discipline.
- **Taoism:** Laozi and Zhuangzi promoted living in accordance with the Tao, embracing simplicity, spontaneity, and non-action (wu wei) to align with the natural flow of life.
- **Confucianism:** Confucius emphasized social ethics, filial piety, and the cultivation of virtue to maintain societal order and personal moral integrity.

These teachings often intertwine with practices such as meditation, martial arts, calligraphy, and tea ceremonies, each serving as a medium to embody the philosophical ideals.

The Life Journeys of Prominent Masters

Examining the life stories of select masters reveals common patterns of rigorous discipline, deep introspection, and commitment to teaching.

Bodhidharma and the Spread of Zen Buddhism

Bodhidharma, traditionally credited as the transmitter of Chan (Zen) Buddhism to China, lived around the 5th or 6th century CE. His life is shrouded in legend, but his emphasis on meditation and direct experience over scriptural study marked a significant shift in Buddhist practice. The Zen focus on sudden enlightenment and mindfulness in daily activities reflects his enduring influence.

Huang Po and the Teachings of Sudden Enlightenment

Huang Po, an 8th-century Chinese Zen master, articulated the doctrine of sudden enlightenment, emphasizing the non-duality of mind and ultimate reality. His teachings critique attachment to conceptual thinking and advocate for immediate recognition of one's true nature. This approach contrasted with gradualist methods prevalent in other Buddhist schools.

Confucius: The Philosopher as Teacher

Confucius's life was dedicated to education and moral reform. Despite political frustrations, he traveled extensively, offering counsel to rulers and spreading his vision of a society governed by virtue and ritual propriety. His role as a teacher is underscored by the *Analects*, a compilation of his sayings and dialogues with disciples.

Pedagogical Approaches and Methods

The life and teaching of the masters of the Far East reveal diverse pedagogical styles, from oral transmission and direct instruction to paradoxical dialogues and silent meditation.

- **Dialogues and Koans:** Zen masters often employed koans—paradoxical anecdotes or questions—to provoke deep reflection and transcend logical reasoning.
- **Scriptural Study:** Many traditions emphasize memorization and interpretation of sacred texts, such as the *Tao Te Ching* or Buddhist sutras.
- **Practice-Oriented Learning:** Martial arts masters integrate physical discipline with spiritual teachings, reinforcing the unity of body and mind.
- **Mentorship and Lineage:** The transmission of teachings through a master-disciple relationship ensures the preservation and continuity of authentic knowledge.

These methods reflect a holistic approach to learning, where intellectual understanding is inseparable from experiential insight.

The Role of Meditation and Mindfulness

Meditation stands at the heart of many Far Eastern traditions. The masters advocated meditation not merely as a technique but as a transformative practice that cultivates awareness, compassion, and wisdom. For instance, Zen meditation (*zazen*) involves sitting in silent contemplation to realize one's Buddha nature, while Taoist meditation may focus on breath and energy flow to harmonize with the Tao.

Impact and Legacy in Contemporary Times

The influence of the Far Eastern masters extends far beyond their geographic origins. Their teachings have permeated Western philosophy, psychology, and wellness practices, contributing to mindfulness-based stress reduction, holistic health, and intercultural dialogue.

However, there are challenges in translating these teachings into modern contexts. The risk of commodification or superficial adoption can dilute their depth and transformative potential. Authentic engagement requires understanding the cultural and historical nuances embedded in the life and teaching of the masters of the Far East.

Comparative Influence: East Meets West

Western interest in Eastern spirituality surged in the 20th century with figures like D.T. Suzuki introducing Zen philosophy to a global audience. Similarly, the practice of yoga, rooted in Indian philosophy, has become a worldwide phenomenon. These cross-cultural exchanges have fostered new interpretations and hybrid practices but also raise questions about preservation and adaptation.

Challenges in Modern Interpretation

While the teachings promote timeless values, modern practitioners must navigate complexities such as:

- The tension between tradition and innovation
- Commercialization of spiritual practices
- Cultural appropriation and loss of original context
- Balancing secular and religious applications

Understanding the original life circumstances and intent behind these teachings can aid in maintaining their integrity.

The enduring fascination with the life and teaching of the masters of the Far East underscores a universal quest for meaning, balance, and enlightenment. Their wisdom continues to inspire individuals seeking deeper understanding in a rapidly changing world, proving that ancient insights remain relevant and transformative today.

Life And Teaching Of The Masters Of The Far East

life and teaching of the masters of the far east: Life and Teaching of the Masters of the Far East Baird Thomas Spalding, 1962

life and teaching of the masters of the far east: *The Journey* Baird T. Spalding, 2021-11-25
Baird Spalding played a ground-breaking role when he introduced the Western world to the wonders of a Far East expedition in 1894. The knowledge of Masters assisting and guiding humanity in the classic book LIFE AND TEACHING OF THE MASTERS OF THE FAR EAST became legend in metaphysical circles during the first half of the 20th century and continues today as a source of spiritual enlightenment. Spalding and the others were practical in nature and the thought of spiritual masters performing miracles seemed impossible. Despite these suspect thoughts, something compelled them to move onward. So they did. Originally published as 3 separate volumes, DeVorss Publications is proud to release these historic books in one edition titled: THE JOURNEY: Life and Teaching of the Masters of the Far East Volumes 1-3 (A Single Edition) with a NEW INTRODUCTION by MITCH HOROWITZ, author of OCCULT AMERICA. It is within these 3 volumes that Spalding details an expedition that lasted 3 years and covered the mountainous landscape of Nepal and India near the close of the 19th century.

life and teaching of the masters of the far east: Life and Teaching of the Masters of the Far East Baird T. Spalding, 1996 LIFE AND TEACHING OF THE MASTERS OF THE FAR EAST, VOL. 4 BOOK OF 6 First presented as The India Tour Lessons. Each chapter has text for study as well as guides to teachers for developing and interpreting the material. Among subjects covered: The White Brotherhood, The One Mind Basis of coming social reorganization Prana.

life and teaching of the masters of the far east: *Life and Teaching of the Masters of the Far East* Baird Thomas Spalding, 1964 LIFE AND TEACHING OF THE MASTERS OF THE FAR EAST VOL. 1 Volume 1: Introduction of the Master Emil. Visit to the Temple of Silence. Astral Projection. Walking on Water. Visit to the Healing Temple. Emil Talks about America. The Snowmen of the Himalayas. New Light on the Teachings of Jesus.

life and teaching of the masters of the far east: Life and Teaching of the Masters of the Far East Baird Thomas Spalding, 1976 Baird Spalding's Far East travels in 1894 have played a ground-breaking role in introducing to the Western world the knowledge that there are Masters assisting and guiding humanity... Eleven men embarked upon a journey in 1894 with one objective: ...to find the great spiritual teachers of the Far East and witness their uncommon abilities.

life and teaching of the masters of the far east: *Life and Teaching of the Masters of the Far East, Vol. 1* Baird T. Spalding, 1924-06-01 ELEVEN MEN embarked upon a journey in 1894 with one objective: ...to find the great spiritual teachers of the Far East and witness their uncommon abilities. Since these Masters were scattered over a wide territory that covered a large portion of India, Tibet, China, and Persia, they knew it could take years of searching many secluded villages and hidden mountain communes. Planning each step of the journey became a challenge knowing that countless miles of rugged terrain separated the remote and isolate locations that were imperative to the exploration. Even though they could plot their route on a map and see where they were headed, the destination deep within the souls of eleven scientifically trained men remained uncertain. Baird T. Spalding and the others were practical in nature and the thought of spiritual masters performing miracles seemed impossible. Despite these suspect thoughts, something compelled them to move onward. So they did. Volume 1: Introduction of the Master Emil. Visit to the Temple of Silence. Astral Projection. Walking on Water. Visit to the Healing Temple. Emil Talks about America. The Snowmen of the Himalayas. New Light on the Teachings of Jesus. ISBN# 9780875163635 Volume 2: Visit to the Temple of the Great Tau Cross. Visit with the Master Jesus. Jesus discussed the nature of hell; the nature of God. The Mystery of thought vibrations. Jesus feeds the multitude. An account of a healing experience. Jesus and Buddha visit the group. ISBN# 9780875163642 Volume 3: One of the masters speaks of the Christ consciousness. The nature of

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life and teaching of the masters of the far east: *Life and Teaching of the Masters of the Far East* Baird Spalding, 2024-03-04 6 volumes of teaching from the Masters of the Far East

life and teaching of the masters of the far east: *Life and Teaching of the Masters of the Far East, Vol. 2* Baird T. Spalding, 1927-06-01 ELEVEN MEN embarked upon a journey in 1894 with one objective: ...to find the great spiritual teachers of the Far East and witness their uncommon abilities. Since these Masters were scattered over a wide territory that covered a large portion of India, Tibet, China, and Persia, they knew it could take years of searching many secluded villages and hidden mountain communes. Planning each step of the journey became a challenge knowing that countless miles of rugged terrain separated the remote and isolate locations that were imperative to the exploration. Even though they could plot their route on a map and see where they were headed, the destination deep within the souls of eleven scientifically trained men remained uncertain. Baird T. Spalding and the others were practical in nature and the thought of spiritual masters performing miracles seemed impossible. Despite these suspect thoughts, something compelled them to move onward. So they did. Volume 1: Introduction of the Master Emil. Visit to the Temple of Silence. Astral Projection. Walking on Water. Visit to the Healing Temple. Emil Talks about America. The Snowmen of the Himalayas. New Light on the Teachings of Jesus. ISBN# 9780875163635 Volume 2: Visit to the Temple of the Great Tau Cross. Visit with the Master Jesus. Jesus discussed the nature of hell; the nature of God. The Mystery of thought vibrations. Jesus feeds the multitude. An account of a healing experience. Jesus and Buddha visit the group. ISBN# 9780875163642 Volume 3: One of the masters speaks of the Christ consciousness. The nature of cosmic energy. The creation of the planets and the worlds. The trip to Lhasa. Visit at the Temple Pora-tat-sanga. Explaining the mystery of levitation. A doubtless convinced of the existence of Jesus. ISBN# 9780875163659 Volume 4: First presented as The India Tour Lessons. Each chapter has text for study as well as guides to teachers for developing and interpreting the material. Among subjects covered: The White Brotherhood, The One Mind Basis of coming social reorganization Prana. ISBN# 9780875163666 Volume 5: Lectures and articles by Spalding; also a brief biographical sketch. Partial contents: Camera of past events. Is there a God. The divine pattern. The reality. Mastery over death. The law of supply. ISBN# 9780875163673 Volume 6: Thirty-five years after the appearance of Volume 5 of Life & Teaching of the Masters of the Far East, ten dusty cartons were discovered in the DeVorss warehouse, some of which held Spalding manuscripts, paper, letters, photographs, and other materials related to this

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life and teaching of the masters of the far east: Life and Teaching of the Masters of the Far East (Volume One) Baird Spalding, 2023-03-21 Life and Teaching of the Masters of the Far East (Volume One) (1924) is the first in a six-volume work of New Thought and mysticism by writer and lecturer Baird T. Spalding. Purporting to share the life and lessons of Great Masters of the Himalayas, the work uses a fictional trip to India as a means to share the great laws of the spiritual world. The life of Baird T. Spalding (b. 1872 - d. 1953) is one of many questions. Even the most basic of facts are debated. Spalding claimed to have been born in England in 1857. But records indicate that he was in fact born Bayard Spaulding in 1872, in Cohocton, New York. Spalding also said he had family in India, and that he had studied at Berkeley, Stanford, and Columbia. Yet there are no records to support any of these assertions. So what is the truth? Certainly, he made a living as a mining engineer in Alaska, Montana, and California's Yukon Territory during the 1890s. And in 1924, he published the first of a six-part series, Life and Teaching of the Masters of the Far East. According to the book's introduction, this work is an account of an 1894 expedition to India, Tibet, and China to meet with the Great Masters of the Himalayas. Over the course of three and a half years, Spalding and ten other researchers traveled the land, living and conversing with these great masters to learn the great Law. The first volume (included here) is a record of their first year's experience. Is this a true account of a trip to the Far East? The other members of the team are not identified, nor are the Great Masters by their true names. There are no maps or photographs from the trip, despite the note in the forward that Records and manuscripts...were preserved. The general consensus is that Spalding did not go to India in 1894, and there was no such research expedition. The fictional account of a spiritual journey was a popular genre at the time, so it's highly probable that Spalding's work was an invention. In truth, it appears that Spalding's first trip to India was not until 1935, after the release of Volume 3 of Life and Teaching of the Masters. In spite of this fiction-or perhaps because of the tall tales told by its author-Life and Teaching of the Masters of the Far East was a massive success. With four volumes released during his life, and the last two published posthumously, this series was influenced by and later contributed to New Thought circles in the 1920s and 1930s. In this volume, Spalding describes events that would be considered miraculous-communion with plants and animals, astral projection, the manifestation of 40 loaves of bread to feed the party, and walking on water, among others. Much of this is explained by Emil, a

Great Master whom the expedition encounters repeatedly throughout their journey. According to Spalding, The Masters accept that Buddha represents the way to Enlightenment, but they clearly set forth that Christ is Enlightenment, or a state of consciousness for which we are all seeking-the Christ Consciousness. This Christ Consciousness is displayed by the Masters. It is the state of enlightenment, of love, and of ultimate understanding that was embodied in Jesus, the Christ made manifest, or God manifesting through the flesh man. For those who wish to follow, they must ...let love flow forth to balance all, and when this is done, the Christ is revealed. The fictional approach to this work does not mean that the spiritual content is not valuable. Presented as a series of personal stories and anecdotes, the book presents New Thought ideas in an approachable way that proved incredibly popular with spiritual thinkers. Life and Teaching sold over two million copies in the first half of the 20th century and is still read widely today.

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life and teaching of the masters of the far east: Life And Teaching of Masters from Far East Baird T Spalding, 2024-12-27 Life and Teaching of the Masters of the Far East by Baird T. Spalding is a six-volume series first published in 1924. The work claims to document Spalding's travels with a group of scientists through the Himalayan region in the late 19th century, where they encountered enlightened masters who demonstrated profound spiritual abilities. The series blends mystical teachings, spiritual philosophy, and accounts of miraculous events, presenting the masters as examples of humanity's potential to embody divine consciousness. The series is centered on the spiritual insights and abilities of the Masters, individuals said to have achieved higher states of consciousness and mastery over physical reality. It describes their teachings on universal laws, the nature of divinity, and the potential for humans to transcend limitations through understanding and aligning with spiritual truths.

life and teaching of the masters of the far east: *Life and Teaching of the Masters of the Far East* Baird T. Spalding, 1955 LIFE AND TEACHING OF THE MASTERS OF THE FAR EAST, VOL. 5 BOOK 5 OF 6 Lectures and articles by Spalding; also a brief biographical sketch. Partial contents: Camera of past events. Is there a God. The divine pattern. The reality. Mastery over death. The law of supply.

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life and teaching of the masters of the far east: Life and Teaching of the Masters of the Far East, Vol. 3 Baird T. Spalding, 1935-06-01 ELEVEN MEN embarked upon a journey in 1894 with one objective: ...to find the great spiritual teachers of the Far East and witness their uncommon abilities. Since these Masters were scattered over a wide territory that covered a large portion of India, Tibet, China, and Persia, they knew it could take years of searching many secluded villages and hidden mountain communes. Planning each step of the journey became a challenge knowing that countless miles of rugged terrain separated the remote and isolate locations that were imperative to the exploration. Even though they could plot their route on a map and see where they were headed, the destination deep within the souls of eleven scientifically trained men remained uncertain. Baird T. Spalding and the others were practical in nature and the thought of spiritual masters performing miracles seemed impossible. Despite these suspect thoughts, something compelled them to move onward. So they did. Volume 1: Introduction of the Master Emil. Visit to the Temple of Silence. Astral Projection. Walking on Water. Visit to the Healing Temple. Emil Talks about America. The Snowmen of the Himalayas. New Light on the Teachings of Jesus. ISBN# 9780875163635 Volume 2: Visit to the Temple of the Great Tau Cross. Visit with the Master Jesus. Jesus discussed the nature of hell; the nature of God. The Mystery of thought vibrations. Jesus feeds the multitude. An account of a healing experience. Jesus and Buddha visit the group. ISBN# 9780875163642 Volume 3: One of the masters speaks of the Christ consciousness. The nature of cosmic energy. The creation of the planets and the worlds. The trip to Lhasa. Visit at the Temple

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resulted in a renewal of interest in Spalding, and several New Age figures have claimed tenuous connections to him after his death. American mystic Thane of Hawaii, founder of the Prosperos group, claimed in 1974 to have ghost-written several of Spalding's later books and accompanied him on his 1935 India tour. (wikipedia.org)

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